



Focus On Recovery-United, Inc. (FOR-U)

Presents

Pathways FOR-U* Facilitator Training

5-Day Intensive Train the Trainers

Monday, June 4, 2012 thru Friday June 8, 2012

Monday-Thursday from 9:00 am-4:30 pm and Friday from 9:00 am-3:00 pm

At FOR-U in Middletown, CT

What is *Pathways to Recovery*?

Pathways to Recovery** is a tool to help people move forward in mental health recovery. It is an extensive self-help workbook. The workbook orients people to recovery, helps them to identify their personal strengths and dreams, and refocus on reclaiming positive sources of identity and a life beyond being a person with a psychiatric disability or a full-time consumer of mental health services. It helps people think about and plan how to live a full life, despite their psychiatric history or problems.

This 5-Day Intensive Seminar Training is open to anyone who is committed to facilitate workshops based on the Pathways to Recovery Workbook. Upon successful completion of the Pathways FOR-U Facilitator Training, including the practical requirements, you will receive a ***Pathways FOR-U Certificate of Completion***. With this, you will then be required to facilitate a 12-Week Pathways FOR-U Seminar Training at your agency or a community location. Upon the successful completion of that workshop and the required elements, you will receive your ***Pathways FOR-U Facilitator Certificate***.

Pre-Requisite for this Seminar Training is to have previously completed one of the following: a Pathways FOR-U 12-Week Seminar Training; A one day orientation group; or be able to demonstrate a thorough understanding of the Pathways To Recovery Workbook.

Please Note: FOR-U developed this Facilitator Training and Curriculum in collaboration with Yale Program for Recovery and Community Health (PRCH). The week long Facilitator Trainings are offered by FOR-U at the significantly reduced cost of \$350 per person for CT Residents (\$650 for out of state residents). Limited scholarships and spaces may be available for qualified applicants demonstrating financial need.

For seminar training details, prerequisite & registration information, please contact:

FOR-U

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** Ridgway, P., McDiarmid, D., Davidson, L., Bayes, J. & Sarah Ratzlaff. (2005). University of Kansas, Lawrence, KS.